

Miscarriage

INFORMATION

- Miscarriage is losing a fetus before it is able to survive independently, usually anytime prior to 28 weeks.
- Recognize that fathers and mothers may feel very similar pain and expressions of grief BUT they may also have very different and (seemingly) extreme emotions.

SCRIPTURES

- **Romans 8:24-25** — Hope for what we do not yet have.
- **Isaiah 40:31** — Hope in the Lord, will renew your strength.
- **Matthew 5:4** — Blessed are those who mourn, for they will be comforted.
- **1 Peter 5:7** — Cast your cares to God, God of all grace will restore you.
- **Romans 12:12** — Be joyful, patient and faithful.
- **Jeremiah 29:11** — Plans to give you hope and a future.
- **Philippians 4:6-7** — Present your requests to God, peace of God.
- **2 Corinthians 1:3-4** — God consoles us in our affliction.

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PRAYER

Lifegiving God, we do not understand why this life which we had hoped to bring into this world is now gone from us. We only know that where there was sweet expectation, now there is bitter disappointment; where there were hope and excitement, there was a sense of failure and loss. We have seen how fragile life is and nothing can replace this life, this child, whom we have loved before seeing, before feeling it stirring in the womb. In our pain and confusion we look to you O Lord in whom no life is without meaning. Give us your compassion. In Christ's Name we pray. Amen.

SUGGESTED READING

■ *Hannah's Hope: Seeking God's Heart in the Midst of Infertility, Miscarriage, and Adoption Loss* by Jennifer Saake (NavPress, 2005)