

Addiction

INFORMATION

- There is a need for the person to have the will to recover. The addict's ownership of the problem and intention to begin to recover has to come first.
- Acknowledge the dependence on alcohol or drugs.
- The addiction has a purpose of protecting or taking care of wounding underneath. There are people to walk alongside on this journey.
- You have the ability to have a new life.

SCRIPTURES

- **Romans 7:15-20** — Struggling with sin while desiring to do good.
- **Romans 12:1** — Offer your body as a living sacrifice.
- **Lamentations 3:40** — Examine our ways and return to the Lord.
- **James 4:10** — God will lift you up.
- **1 John 1:9** — Forgive our sins and purify us from all unrighteousness.
- **Romans 8:28** — God works for the good of those who love God.
- **Matthew 11:28-30** — Jesus will give rest to the weary.
- **1 John 5:14-15** — God hears us when we ask.
- **Philippians 3:12-16** — Forgetting what is behind and pressing on toward the goal.

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SUGGESTED READING

■ *Intervention: How to Help Someone Who Doesn't Want Help* by Vernon Johnson (Hazelden, 1986)

■ *Life's Healing Choices: Freedom from Your Hurts, Hang-ups and Habits* by John Baker (Howard, 2007)

■ *Addict in the Family: Stories of Loss, Hope and Recovery* by Beverly Conyers (Hazelden, 2003)

■ *Codependent No More: How to Stop Controlling Others and Start Caring for Yourself* by Melody Beattie (Hazelden, 1986)

■ *The Alcoholics Anonymous Big Book [4th Edition]* by AA Services (AA World Services, 2002)

RESOURCES

■ **Alcoholics Anonymous** — www.aa.org

■ **Narcotics Anonymous** — www.na.org

■ **Al Anon** — Offering strength and hope for friends and families of problem drinkers. www.al-anon.alateen.org