

Pornography

INFORMATION

- The use of pornography is almost always an issue related to intimacy and how it has been impaired for a person. An inability to achieve genuine closeness leads to the artificial closeness offered by porn.
- The argument that says, "What's the problem? No one gets hurt!" is not true. It hurts the person who is viewing pornography.
- Find accountability.

SCRIPTURES

- **Genesis 1:27** — We are created in God's image.
- **Matthew 22:39** — Love your neighbor as yourself.
- **Romans 12:1-2** — Renewing of your mind.
- **Romans 6:12-14** — Live under grace.
- **1 Corinthians 6:13** — The body meant for food.
- **1 Corinthians 6:19** — The body is a Temple.

PRAYER

O God, who listens when I pray. Help me to cleanse myself from the use of pornography. Help me to not be ashamed but to receive the help I need. Help me to build meaningful relationships. Guide me in this time. In Christ's Name. Amen.

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SUGGESTED READING

- *Out of the Shadows* by Patrick Carnes (Hazeldon, 2001)
- *Ashamed No More: A Pastor's Journey Through Sex Addiction* by T.C. Ryan (IVP Books, 2012)
- *Mending a Shattered Heart: A Guide for Partners of Sex Addicts* by Stefanie Carnes (Gentle Path Press, 2001)

RESOURCES

- www.xxxchurch.com — (a person can sign up an accountability partner who will receive a report of all suspicious internet activity)
- www.x3pure.com
- www.saa-recovery.org — meetings and support
- www.posarc.com — support for partners
- www.sexhelp.com — resources for treatment and recovery