

Rape

TALKING POINTS/FACTS

- It is not your fault.
- You are made in the image of God.
- You are not alone.

SCRIPTURES

- **Psalm 30** — Joy comes with the morning. You have turned my mourning into dancing.
- **Psalm 23** — God is with you in the midst of the valley.
- **Isaiah 43:1-3** — Do not fear, for I have redeemed you.
- **Psalm 57:1** — I take refuge in the shadow of your wings until the storms pass by.
- **Psalm 71:20-21** — You will revive and comfort me once again.
- **Psalm 147:3** — God heals the brokenhearted and binds up their wounds.
- **Psalm 126:5-6** — May those who sow in tears reap with shouts of joy.

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PRAYER

Lord, give me the grace to be honest: honest about my pain, honest about my feelings, honest about my anger and honest about my questions. Will you lead me, God, to trusted friends, pastors and counselors who can help me get through this? God, give me a conscious awareness of your never-absent presence and remind me that I am a beloved child of yours. Help me to remember I am worthy of your love. In the name and by the love of Jesus Christ I pray this. Amen.

SUGGESTED READING

■ *Little Girl Lost: One Woman's Journey Beyond Rape*
by Leisha Joseph (Galilee, 1999)