



WEEK 1

JAMES 4:8a;
PSALM 145:18
Prayer is about
connecting, not
just getting.

WEEK 2

MATTHEW 6:9-13
Prayer is about
remembering who God is
and who we are.

TALK ABOUT THIS

WEEK 1: Every parent makes mistakes, but sometimes our teens think we've got life figured out. Share with your teen a time you might have felt far from God and how prayer helped you reconnect. Then, give your teen a chance to respond. Maybe they'll share something they've been praying about. Or, if they haven't thought to pray about a certain situation they're facing, take this time to pray with them.

WEEK 2: The Lord's Prayer reminds us that God is our Father, without sin, all-powerful, a caring Provider, endlessly forgiving, and a consistent Guide. Use these adjectives to talk about the Lord's Prayer with your teen and then discuss which one of these God has shown most in your lives this week.

REMEMBER THIS

"The Lord is near to all who call on him,
to all who call on him in truth."
Psalm 145:18 NIV



PARENT CUE



HIGH SCHOOL

DO THIS



MORNING TIME

Walk with or give your teen an unexpected ride to school this week. Let them know you wanted to take time out just to talk to them about whatever is going on in their life today. Remind them that you love them and that you treasure spending time talking with them. Fight for their conversation.



MEAL TIME

All of us have our meal or preparation preferences. Sometime this week, prepare a meal for them that you wouldn't normally prepare—and do it with the specifications they may have previously requested. This will remind them that you hear them when they talk—even if you don't always meet their every request.



THEIR TIME

Sometimes it's great to know that we're not going through life alone. Send your teen a text message with a prayer or an encouraging statement today. This doesn't have to be something formal or complicated! It can just be something random that reminds them that you're pulling for them and their success.



BED TIME

What is your teenager's favorite treat? Leave this for them on their pillow sometime throughout the day with a note that says, "I hear you." Teenagers have lots of opinions and sometimes they just want to know that we heard it and we get it.

Download the free **Parent Cue App**

AVAILABLE FOR IOS AND ANDROID DEVICES