

# Infertility

## INFORMATION

- Today one in six couples (15%) are infertile.
- Infertile women have depression scores that are basically indistinguishable from those of women with cancer, heart disease, and hypertension. The psychological toll of infertility cannot be underestimated.
- Infertility is the inability to conceive after trying for 12 months.
- Primary infertility is the inability to have a live birth of your first child. Secondary infertility is the inability to have a live birth of a child after having a child.

## SCRIPTURES

- **Romans 8:24-25** — Hope for what we do not yet have; wait with patience.
- **Isaiah 40:31** — Hope in the Lord, will renew your strength.
- **Matthew 5:4** — Blessed are those who mourn, for they will be comforted.
- **1 Peter 5:7** — Cast your cares to God, God of all grace will restore you.
- **Romans 12:12** — Be joyful, patient and faithful.
- **Jeremiah 29:11** — Plans to give you hope and a future.
- **Philippians 4:6-7** — Present your requests to God, peace of God.

# Infertility

## PRAYER

*Creator God, you are the giver of life. Help us to become parents. Guide us through this time. Give comfort to our hearts and hope to our souls. Help us to see you amid this time in our lives. In Christ's Name we pray. Amen.*

## SUGGESTED READING

- *Hannah's Hope: Seeking God's Heart in the Midst of Infertility, Miscarriage, and Adoption Loss* by Jennifer Saake (NavPress, 2005)
- *When Empty Arms Become a Heavy Burden: Encouragement for Couples Facing Infertility* by Sandra Glahn and William Cutrer (Kregel Publications, 2010)
- *The Infertility Companion: Hope and Help for Couples Facing Infertility* by Sandra Glahn and William Cutrer (Zondervan, 2004)
- *Empty Womb, Aching Heart: Hope and Help for Those Struggling with Infertility* by Marlo Schalesky (Bethany House, 2001)