

Infidelity

INFORMATION

- Stop all communication and contact with the person outside the marriage.
- Be transparent with your spouse.
- There is an opportunity for temptation, sin, repentance and grace.
- There is a path to healing and forgiveness.
- Create ground rules within the marriage.
- Rebuilding trust takes time.

SCRIPTURES

- **Psalm 51** — Create in me a clean heart and renew a right spirit.
- **Hebrews 12:11-12** — No discipline seems pleasant at the time.
- **John 8:3-11** — Go and sin no more.
- **Jeremiah 6:16** — Walk in the good path and find rest for your soul.

PRAYER

God, with such uncertainty, it is hard to know what to believe and which way to turn. We want to trust, we want to heal, we want to move forward, but we need your guidance. Give us courage to seek after the truth, strength to endure the road ahead, and hope for the freedom that will one day come. May all of these things encourage us to be faithful, in our words, in our actions, and in our devotion to you. Amen.

SUGGESTED READING

- *After the Affair* by Janis Abrahms Spring (Harper, 1997)
- *What's So Amazing About Grace?* by Phillip Yancey (Zondervan, 1998)